

## **Cristina Maria Ferrreira Cristóvão- brief *Curriculum vitae***

---

### **Education and Hospital Activity**

1987- 1993 Medicine course on Faculty of Medicine, University of Lisbon.  
1993 Licenciature- Doctor in Medicine.  
1994-1995 General residence in Hospital of Santa Maria, Lisbon.  
1996-2000 Medical specialization in Pulmonology, in Hospital of Santa Maria, Lisbon.  
2001 Pulmonology certification- Pulmonology degree.  
2001 Pulmonologist in Pulmonology department in Hospital of Santa Maria, Lisbon.  
2001-2003 Pulmonologist in Pulmonology department in Hospital Distrital Doutor Manoel Constâncio and in Centro Hospitalar of Médio Tejo.  
2002-2003 Responsibility to the Pulmonary unity of the Hospital Distrital Doutor Manoel Constâncio  
2003-2006 Pulmonologist in Pulmonary unity in Hospital of S. Francisco Xavier.  
2006 Responsibility of the Pulmonary unity of the Hospital de S. Francisco Xavier.  
2006- to present time Pulmonologist in Pulmonary department of Hospital de Egas Moniz, Centro Hospitalar de Lisboa Ocidental.

### **Other activities**

Collaboration in the organization of the Pulmonary post-graduate courses, Faculty of Medicine of Lisbon.  
Participation in the practical sessions.  
Organization and lecture in the I Course of Non-invasive ventilation, Hospital de Egas Moniz (2009).  
Lecture and moderation in the Course of Non-invasive ventilation as multidisciplinary therapy (2012).  
Collaboration in the teaching and managing of medical students, interns, and residents.  
Responsible for a stage of Pulmonology of an intern of Internal Medicine and an internship of General and Familiar Medicine. Responsible for an internship of specialization in Pulmonology.

### **Presentations and Publications**

Author and co-author in 38 scientific oral and poster presentations in International and Portuguese meetings. 17 clinical cases presented in Portuguese postgraduate courses in Pulmonology.

#### Articles:

A. Bugalho de Almeida, C. Cristóvão and D. Moniz "Small airway's irreversible obstruction in chronic bronchial asthma" – Atemw.- Lungenkrkh., n°4, 2000: 206-210.  
Cristina Cristóvão "Prophylaxis of COPD" – PATHOS, n°2, 2001.  
A. Bugalho de Almeida, C. Cristóvão, S. Furtado, P. Monteiro, J. Vizcaíno "Bronchial Asthma: what reality?. Revista Portuguesa de Imunoalergologia, vol. 9, n° 1; 2001.  
Cristina Cristóvão, Luísa Cristóvão, Fernando Nogueira, Manuel Bicho "Evaluation of oxidant and antioxidant balance in the pathogenesis of Chronic Obstructive Pulmonary Disease". Portuguese journal of Pulmonology, 2013; 19(2): 70-5.

#### Book chapter:

Cristina Cristóvão "Study of inhalation provocation" in Medicine current topics- clinical Pulmonology II, 2006: 243-256.

### **Awards**

"Imbalance between oxidants-antioxidants in patients with chronic obstructive pulmonary disease", poster presented in the Congress of the Portuguese Society of Pulmonology. Award of Portuguese Society of Pulmonology, 2007.  
"Pelvic tuberculosis- three clinical cases"- 1st Iberic congress of Internal Medicine/ 14th Congress of Portuguese Society of Internal Medicine. Award best clinical cases, 2008.  
Correlation of systemic inflammation and oxidative stress with chronic obstructive pulmonary disease and its comorbidities, best poster of 1st International Workshop on Lung Health: COPD Monaco Award 2013.

### **Memberships and Associations**

Member of the Portuguese Society of Pulmonology and of the European Respiratory Society.  
Chair of the group of Interstitial lung diseases and occupational diseases of the Portuguese Society of Pulmonology between 2010-2012 and secretary between 2007-2009.  
Integrate the GOLD Project, representing the Centro Hospitalar of Médio Tejo, until 2003.  
Member of the Portuguese catholic medical association.