

Jessie Lemmens

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Short CV

Jessie Lemmens is a lecturer/researcher at Zuyd University of Applied Sciences, Faculty of Health Care, department of Speech and Language Therapy in Heerlen, the Netherlands. She is responsible for different courses in research methods and statistics and neurological communication disorders and Dysphagia. Her research concerns mostly clinimetric and intervention studies in regard to dysphagia in older adults. Since communication problems and dysphagia occur more frequent than expected in COPD, she made this one of her key interests. Together with a team of students and professionals she is working on a tool to detect these issues, hopes to create awareness and help COPD patients find a way to proper SLT care when needed.

EDUCATION

- 2006: M.Sc. in Health Education and Health Promotion. Faculty of Health, Medicine and Life Science, Maastricht University, The Netherlands.
- 1999: B.Sc. in Speech and Language Therapy and Phonetics, Hogeschool Limburg, the Netherlands.
- 1995: Diploma of Springfield High School, Toledo Ohio, U.S.A.
- 1994: HAVO- diploma of Stedelijke Scholengemeenschap Roermond (Secondary School), the Netherlands.

ADDITIONAL COURSES

- 2017: Qualification of examinations in Higher Education (BKE), Bureau of examination and grading, the Netherlands
- 2016: Comprehensive Aphasia Test; advanced course, Pearson, the Netherlands.
- 2014: Assessment degree for quality in examinations, Zuyd University of Applied Sciences, the Netherlands.
- 2011: Longitudinal data-analysis, EpidM, EMGO institute, the Netherlands.
- 2009: Project management, Maastricht University, the Netherlands.
- 2007: Clinimetrics, EpidM, EMGO institute, the Netherlands.
- 2004: Quantitative and Qualitative Research Methods, Zuyd University for Applied Sciences, the Netherlands.
- 2003: Teaching degree for higher education, Fontys University, the Netherlands.
- 2002: Evidence Based Practise for Speech and Language Therapists, NVLF, the Netherlands.

PROFESSIONAL EXPERIENCE

2000- present: Zuyd University for Applied Sciences, Faculty of Health Care, Department of Speech and Language Therapy and Department of Physical Therapy
position: lecturer (0.8 fte)

Tasks:

Thesis supervision

Coordination of education and examinations,

Committee of examinations: board member, test analysis,

Curriculum development on research methods and statistics and dysphagia,

International projects & courses,

Teaching with a core focus on research methods, statistics and neuropsychology & dysphagia.

2002-2012: Centre of Expertise on Autonomy and Participation, track clinimetrics
position: researcher (0.1 fte)

2008- 2012: Maastricht University, Faculty of Health, Medicine and Life Sciences, Department of Health Service Research position: researcher on implementation of dysphagia protocols after stroke (0.4 fte)

COLLABORATION AND LECTURE VISITS

- Zuyd Professional, Heerlen, the Netherlands.
 - Teaching a course on neuro-revalidation after stroke; communication & swallowing for health care professionals of the Stroke Service institutions in the Parkstad area.
- Envida Nursing home, Maastricht, the Netherlands.
 - Research project Duchesse.
 - Design & implementation FEES protocol.
- Gelre Hospital, Apeldoorn, the Netherlands.
 - Research project on occurrence and characterization of dysphagia in hospitalized patients.
- Vives Hogeschool, Brugge, Belgium.
 - Research project on digitalisation the SWAL-QOI
- Consortium of Institute of Higher Education in Health and Rehabilitation in Europe (COHEHRE).
 - Collaboration and exchange with international partners concerning education in evidence based practice in core curricula, minors and internships.
 - Capacity building workshops.
- Logopädieschule der SWS Private Höhere Berufsfachschule, Schwerin, Germany.
 - Teaching a course on Evidence-based practise.
 - Development of an additional bachelor program of 90 ECTS.
- Artevele Hogeschool, Ghent, Belgium.
 - Teaching a course on evidence practise, guideline development and research methods.
 - Development of a double degree program of 60 ECTS.
- Interkantonale Hochschule für Heilpädagogik, Zürich, Switzerland.
 - Teaching a course on Integration of Evidence-based practise in curricula.

PUBLICATIONS

International peer-reviewed papers

- **Lemmens, J.**, Bours, G.J.J.W., Limburg, M., Beurskens, A.J.H.M. (2013) The feasibility and test-retest reliability of the Dutch Swal-QoL adapted interview version for dysphagic patients with communicative and/or cognitive problems. *Quality of Life Research*, 22(4): 891-95
- Bours, G.J.J.W., Speyer, R., **Lemmens, J.**, Limburg, M., de Wit, R. (2009) Bedside screening tests vs. videofluoroscopy or fiberoptic endoscopic evaluation of swallowing to detect dysphagia in patients with neurological disorders: systematic review. *Journal of Advanced Nursing*, 65(3): 477-93
- Dalemans, R., de Witte, L.P., **Lemmens, J.**, van den Heuvel, W.J., Wade, D.T. (2008) Measures for rating social participation in people with aphasia: a systematic review. *Clinical Rehabilitation*, 22(6): 542-55.
- **Lemmens, J.** van Engelen, E.I.S.M., Post, M.W., Beurskens, A.J.H.M., Wolters P.M., de Witte L.P. (2007) Reproducibility and validity of the Dutch Life Habits Questionnaire (LIFE-H 3.0) in older adults. *Clinical Rehabilitation*, 21(9): 853-62.

National (peer-reviewed) papers

- Lacroix, M., **Lemmens, J.**, Beurskens, A.J.H.M. (2010) Evidence based practice in het buitenschools leren van de opleiding logopedie. Wat zijn de bevorderende en belemmerende factoren? *Logopedie en Foniatrie*, 2: 46-50.
- Beurskens, A.J.H.M., Engelen, E. van, **Lemmens, J.**, Wolters, P., Swinkels, R. (2010) Het gebruiken van meetinstrumenten: een best practice van de combinatie onderwijs, onderzoek en zorg. *Tijdschrift Onderwijs en Wetenschap*, 4:22-26.
- Prevo, M., Mesters, I., Bours, G.J.J.W., **Lemmens, J.** (2009) CVA- patiënten met dysfagie: hoe kan de voorlichting geoptimaliseerd worden? Een kwalitatief onderzoek naar informatiebehoef-ten. *Logopedie en Foniatrie* 4:118-122.
- Beurskens, A.J.H.M., Baarends, E., Driessen, I., Schoot, T., Geerbex, A., Gielen, X., Lacroix, M., **Lemmens, J.** (2008) Evidence based practice in het buitenschools leren: enkele uitgangspunten. *Onderwijs en Gezondheidszorg*, 3: 23-26.
- **Lemmens, J.** (2007) Referaat rubriek Evidence based logopedie. *Logopedie en Foniatrie* 10:335-8.

Book contributions

- Bours, G.J.J.W. & **Lemmens, J.** (2014) Slikproblemen. In: T. Achterberg, G.J.J.W. Bours, A.M. Eliens, N.C.M. Strijtbol, (Red.) *Effectief verplegen deel 1; Handboek ter onderbouwing van het verpleegkundig handelen* (4e druk). Dwingelo: Kanvanah.
- Swinkels, R. & **Lemmens, J.** (2012) Meten als onderdeel van het klinisch redeneren. In: S. Beurskens, R. van Peppen, E. Stutterheim, R. Swinkels, H. Wittink (Red.) *Meten in de praktijk: stappenplan voor het gebruik van meetinstrumenten in de gezondheidszorg* (21-33) (2e herz. druk). Houten: Bohn, Stafleu van Loghum.
- Bours, G.J.J.W. & **Lemmens, J.** (2008) Slikproblemen. In: T. Achterberg, G.J.J.W. Bours, A.M. Eliens, N.C.M. Strijtbol, (Red.) *Effectief verplegen deel 1; Handboek ter onderbouwing van het verpleegkundig handelen* (391-408) (3e geheel herz. druk). Dwingelo: Kanvanah.
- **Lemmens, J.** & Swinkels, R. (2008) Doel en type meetinstrumenten. In: S. Beurskens, R. van Peppen, E. Stutterheim, R. Swinkels, H. Wittink (Red.) *Meten in de praktijk: stappenplan voor het gebruik van meetinstrumenten in de gezondheidszorg* (34-39) (1e druk). Houten: Bohn, Stafleu van Loghum.

Reports

- Van Gastel, M., **Lemmens J.**, Bours G.J.J.W. (2012). *Implementatie van een evidence based slikscreening: Procesevaluatie Atrium Medisch Centrum Heerlen, Laurentiusziekenhuis Roermond en Orbis Medisch en ZorgConcern Sittard*, Heerlen, Zuyd Hogeschool.
- Friesen, J, **Lemmens, J.** Bours, G.J.J.W. (2007). *Evidence in de praktijk: het gebruik van de multidisciplinaire richtlijn voor revalidatie na een beroerte*. Eindrapportage Nederlandse Hartstichting. Kenniskring Autonomie en Participatie van chronisch zieken. Heerlen, Zuyd Hogeschool.

CONFERENCES PRESENTATIONS

- **2018 UKSRG**
Lemmens, J. Joussem, A-S., Kreutz, R., Ubben, S. (2018, February). *Improving mealtime experience for frail and limited nursing home residents thought Duchesse; a tasty alternative to regular pureed diets*. Posterpresentation 7th UKSRG Conference, London, UK.
- **2018 UKSRG**
Lemmens, J. Rieder, S. Houben, M. Huls, V. Ubben, S.(2018, February). *The construct validity of the TOR-BSST for nursing home residents*. Posterpresentation 7th UKSRG Conference, London, UK.
- **2018 Lung-Health**
Lemmens, J., Merkel, N., Muenstermann, J. Vossen, T. (2018, January). *Measuring the impact of COPD on daily communication; a clinimetric study*. Posterpresentation 5th International Workshop on Lung Health, Berlin, Germany.
- **2017 Futurum**
Ubben, S & **Lemmens, J.** (2017, November). *Duchesse; een innovatieve maaltijd als vervanger van gemalen voeding*. (accepted) Oral Presentation Futurum Kennis & Innovatie festival, Heerlen, the Netherlands.
- **2017 NVLF**
Joussem, A-S., Kreutz, R., Ubben, S., **Lemmens, J.** (2017, October). *Vulling of Voeding? Duchesse als efficiënte maaltijd nuttigging in de verpleeghuiszorg*. Interactive workshop 90th Jubileum Congres NVLF, Woerden, The Netherlands.
- **2017 ESSD**
Lemmens, J., Rieder, S., Houben, M., Huls, V., Ubben, S. (2017, September). *The construct validity of the TOR-BSST for nursing home residents*. Posterpresentation 7th ESSD Congress, Barcelona, Spain.
- **2017 ESSD**
Lemmens, J. Joussem, A-S., Kreutz, R., Ubben, S. (2017, September). *Improving mealtime experience for frail and limited nursing home residents thought Duchesse; an alternative to a regular pureed diet (a pilot study)*. Posterpresentation 7th ESSD Congress, Barcelona, Spain.
- **2017 CATS**
Lemmens, J., Schalles, L., Vossen, S., Winandi, A. (2017, February). *The test-retest reliability and internal consistency of the BIPAC part I: A comparison between the digital and paper administration in people with aphasia*. Posterpresentation Collaboration of Aphasia Trialists Conference Rotterdam, the Netherlands.
- **2012 ISQOL-NL**
Lemmens, J & Beurskens S. (2012, June) *The Dutch Swal-Qol Interview Version Feasible and reliable for patients with communicative and /or cognitive problems*. Oral presentation Jubileumcongres ‘Ontwikkeling, evaluatie en gebruik van patiëntgerapporteerde uitkomstmaten in onderzoek en praktijk’. ISOQOL-NL, Utrecht, the Netherlands.
- **2011 PhD Conference Maastricht**
Lemmens, J. (2011, May). *How to the select the right measurements: a stepwise approach*. Oral Presentation 4th Maastricht PhD Conference, Maastricht, the Netherlands.

- **2010 NVLF**
Lemmens, J. (2010, October). *Effectief screenen van slikklachten bij patiënten met een beroerte*. Oral Presentation NVLF congres Ede-Wageningen, The Netherlands.
- **2009 CPLOL**
Lemmens, J. (2009, May). *Evidence based stroke guidelines; how well do SLT's adhere to them?* Oral presentation World conference CPLOL, Slovenia.
Lemmens, J. (2009, May). *Feasibility and reliability of Dutch Swal-Qol, interview version*. Oral Presentation World conference CPLOL, Ljubljana, Slovenia.
- **2008 EDCNS**
Lemmens, J. (2008, September). *Measuring Quality of Life in Dysphagic patients*. Oral Presentation 9th EDCNS conference, Maastricht, the Netherlands.
- **2007 ISQUA**
Lemmens J. (2007, October). *Evaluating the implementation of an evidence based stroke guideline, a strategy for performance assessment*. Oral & Poster presentation ISQua's 24th International Conference, Boston (MA), USA.
- **2007 NVLF**
Lemmens, J. (2007, October). *Evidence in de praktijk; het gebruik van de multidisciplinaire richtlijn 'revalidatie na een beroerte'*. Oral presentation 80th Jubileum Congres NVLF, Ede-Wageningen, the Netherlands.

FURTHER KNOWLEDGE AND SELECTED ACTIVITIES

- Languages: Dutch (fluent), English (fluent), German (intermediate)
- Peer-reviewer for Quality of Life research (since 2012)
- Wildlife volunteer work
 - Shy Wolf Sanctuary, Naples, Florida U.S.A. (Summer, 2013 & 2015)
 - Kenya Wildlife Service (KWS), Animal Orphanage, Nairobi, Kenya (Summer, 2014)
- Theatre committee Maastricht, the Netherlands (2008-present)
 - Teaching improvisation theatre,
 - Organising theatre and presentation skills courses, workshops and shows
 - Movie directing and production (release date June 2015)
- Other interests: photography, travelling, dancing salsa and running.

REFERENCES

Upon request

SIGNATURE & DATE
